

**blue genes breaking free from the chemical imbalances** - *blue genes breaking free from the chemical imbalances that affect your moods your mind your life and your love ones paperback may 1 2006*, **mood swings understand your emotional highs and lows** - *mood swings understand your emotional highs and lows paul meier stephen arterburn frank minirth on amazon com free shipping on qualifying offers seventeen million people in the united states suffer from clinical depression and more than fifty million people find themselves in prolonged emotional lows now*, **get your period back 5 tips for recovering from post** - *i wanted to share my best suggestions for recovering from post birth control syndrome using diet and lifestyle in order to help those who have been frustrated by the symptoms associated with the condition the following are tips you can follow without needing a doctor s visit or a prescription read on to learn how to get your period back*, **dying to eat the treatment of severe eating disorders by** - *hospitalization a number of your patients are going to need to be referred to an inpatient or residential program for psychiatric and or medical care*, **9 steps to perfect health 5 heal your gut chris kresser** - *what is a low carb diet really when can a low carb diet be beneficial should everyone follow a low carb diet or can a low carb diet ruin your health*, **the sadder side of serotonin 180 degree health** - *bingo although i still like matt s in your face contrarian articles because that s what is necessary to get people s attention*, **what are the symptoms of estrogen dominance christiane** - *the conventional medical mindset is that menopause is an estrogen deficiency disease resulting from ovarian failure women have been led to believe that at the slightest symptoms they should run out and get estrogen replacement while estrogen levels will decrease during menopause the truth is estrogen levels do not fall appreciably until after a woman s last period*, **symptoms of endometriosis endo empowered** - *do you suspect you might have endometriosis here is a list of 20 symptoms of endometriosis i have personally discovered*, **unwanted side effects of bioidentical hormone** - *i really enjoyed your information it is wonderful to find like minded practitioners out there i work for alternative doctors in the houston tx area and we treat with bioidentical hormones*, **ayurveda articles california college of ayurveda** - *ayurveda articles in this section you can find several ayurveda articles written by dr marc halpern as well as numerous student research papers*, **the paleo diet for vegetarians no meat athlete** - *since the paleo diet relies heavily on meat a paleo diet for vegetarians seems like a contradiction here s how to make the paleo diet and vegetarianism work well together*, **treatments cure cervical dystonia spasmodic torticollis** - *on this page i list the alternative treatments that i have come across and that appear to have had a significant impact so you won t see anything on botox*, **preventing methylfolate side effects mthfr net** - *the most read article on mthfr net is methylfolate side effects that s unfortunate avoiding side effects caused by methylfolate is ideal it s time i address it how do we reduce the likelihood of methylfolate side effects before i spell some of the common causes of side effects induced by methylfolate i should clearly state this is*, **antidepressant withdrawal a prozac story rxisk** - *editorial note over two years ago we posted antidepressant withdrawal v s story it has close to 100 comments making it one of the topics that has attracted the most interest right now the new york times is running a series on breaking up with my meds that is attracting a lot of comment this is a hot button issue with many people desperate to get off antidepressants and others who appear*, **historian did hitler have reason to hate the jews** - *respected historian ralf georg reuth argues that hitler may have had a real reason to hate the jews noted for his breadth of knowledge on world wars i and ii and its prominent figures german historian reuth has enjoyed much acclaim for his numerous books covering the world wars era drawing*, **major depression and other unipolar depressions** - *introduction to major depressive disorder and other depressive and mood varieties*, **10 things not to say to a depressed person and please don** - *i cringed at these things my friends said to me these few years for those of you who don t really get us i ve decided to let you know 10 things not to say to a depressed person from my own experience and be forewarned for if you ever dare to even start uttering the below to me i will hang you by your legs upside down skin you alive and then deep fry you before publicly disowning you*

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